November is

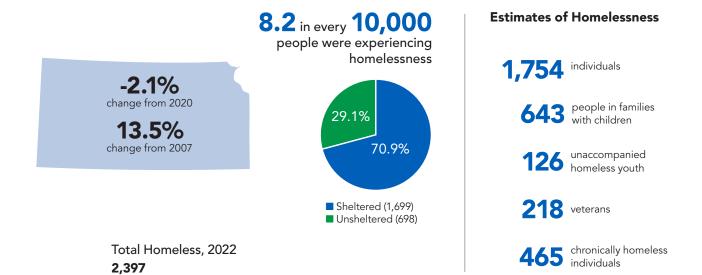
National Homeless Youth Awareness Month



Nine in ten people experiencing homelessness in families with children were sheltered, 143,733 people. **Ten percent** of people in families with children, 17,337 people, were found in unsheltered locations in 2022.¹

In 2021, youth under the age of 18, made up roughly 18% of the unhoused or homeless population in the United States.² Persons experiencing unstable housing may potentially mean harm to children and adolescent's health and wellness. Often youth are exposed to conditions that make them more vulnerable to risks for respiratory diseases, trauma, mental illness, substance use and misuse and sexually transmitted diseases.

Kansas Data¹



According to the Youth Risk Behavior Surveillance System, of Kansas high school students surveyed in 2021, 5.9% reported unstable housing (that is to say, that they usually did not sleep in their parent or guardian's home) during the 30 days before the survey.³

By race and ethnicity, the percentage of Kansas high school students surveyed in 2021 who reported unstable housing during the 30 days before the survey was highest among non-Hispanic Black students 8.9%, followed by non-Hispanic students of multiple races 8.6%, non-Hispanic American Indian and Alaska Native students 7.1%, Hispanic students 5.8%, non-Hispanic Asian students 4.2% and non-Hispanic White students 4.0%.³



2023

This November, lets unite to raise awareness, provide support and work towards a future where no young person has to endure the hardships of housing insecurity. By <u>screening for Social Determinants of Health (SDOH)</u> we can make a difference in the lives of youth experiencing homelessness. SDOHs allows us to know if our patients are at risk or currently facing insecurities. With this information, you can provide more personalized care beyond the medical model.

Ideas for Individuals and Communities to Support Youth and Young Adults Experiencing Homelessness:



Join a Local Task Force or Coalition



Help with Completing Paperwork for Resources or Other Needs



Volunteer with Those Who are Transitioning Out of Foster Care



Collect and Share Food and Clothing



Have a Clothing Closet



Make or Advertise Food Banks



Provide Medical or Dental Care

Resources for Providers

- · CDC: Homelessness and Health
- The National Child Traumatic Stress Network (NCTSN)
- SAMHSA

Resources for Community Members

- Kansas Statewide Homeless Coalition
- National Center for Homeless Education (NCHE)
- Kansas State Department of Education, <u>Educating Homeless Children and Youth -</u> <u>McKenny-Vento Program</u>

Toolkits and Curriculum

Youth – Friendly Materials

 Runaway & Homeless Youth and Relationship Violence Toolkit



References

- 1. The U.S. Department of Housing and Urban Development. (2022). The 2022 Annual Homelessness Assessment Report (AHAR) to Congress. Washington D.C.
- 2. Stuever, C. (2021). Homelessness Interventions for the Youth. Philadelphia College of Osteopathic Medicine, 4 25.
- 3. Centers for Disease Control and Prevention (CDC). 1991-2021 High School Youth Risk Behavior Survey Data. Available at nccd.cdc.gov/youthonline. Accessed on October 9, 2023.

Social Media Shareables











 Every young person deserves a safe place to call home. Join us in supporting homeless youth this National Homeless Youth Awareness Month. Together, we can make a change. #YouthHomelessness #TakeAction

Todos los jóvenes merecen un lugar seguro al que puedan llamar hogar. Únase a nosotros para apoyar a los jóvenes sin hogar este Mes Nacional de Concientización sobre los Jóvenes sin Hogar. Juntos, podemos lograr un cambio. **#YouthHomelessness #TakeAction**

2. Homelessness can have severe health impacts on young lives. Join us in raising awareness for National Homeless Youth Awareness Month and be part of the solution. #YouthHealthMatters #EndYouthHomelessness

La falta de vivienda puede tener graves consecuencias para la salud de los jóvenes. Únase a nosotros para crear conciencia sobre el Mes Nacional de Concientización sobre los Jóvenes sin Hogar y sea parte de la solución. #YouthHealthMatters #EndYouthHomelessness

3. If you're a young person experiencing homelessness know that you are not alone. There is help and support available, contact **1-800-CHILDREN** (800-332-6378) to be connected with the resources you need.

Si eres un joven sin hogar, debes saber que no estás solo. Hay ayuda y apoyo disponibles, comunícate al **1-800-CHILDREN** (800-332-6378) para que te pongan en contacto con los recursos que necesitas.

4. We believe in your strength and resilience. There is hope for a brighter tomorrow, and we're here to guide you through your journey from homelessness to stability.

Creemos en tu fuerza y resiliencia. Hay esperanza de un mañana mejor y estamos aquí para guiarte en tu transición de la falta de vivienda a la estabilidad.

5. Are you a homeless youth in need of a checkup, vaccinations, or a physical exam? We're here to help! Your health is important to us and we're here to support you every step of the way. Don't hesitate to reach out.

¿Eres un joven sin hogar que necesita un chequeo médico, vacunas o un examen físico? ¡Estamos aquí para ayudar! Tu salud es importante para nosotros y estamos aquí para apoyarte en cada paso del camino. No dudes en ponerte en contacto con nosotros.